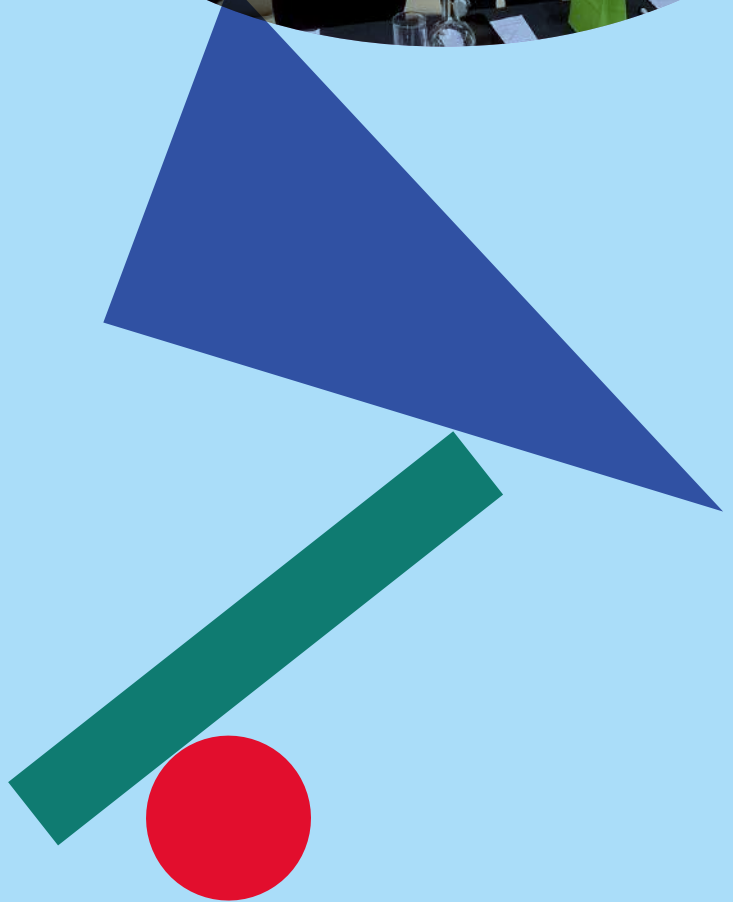




British Pakistan Foundation
Engage • Unite • Empower

Annual Impact Report

2020



Message from the Chair of the Board



Asif Rangoonwala

Since 2010, The British Pakistan Foundation has been active in our mission to engage, unite and empower the UK's over 1.5M British Pakistani's. We have been actively working to expand our platform with the kind support of our Board, Patrons and Members.

I am also privileged to welcome 2 new board members to BPF's Board of Trustees, namely Hammad Akhtar and Rabia Bhatti. I look forward to their contribution in working out initiatives that matter most to you.

BPF has continued to deliver various initiatives under our 3 key programmes; Business and Professionals Programme, Women's Programme and Young Professionals Programme.

We also successfully delivered a Civic Engagement Programme for Women in Bradford in partnership with a local charity, the QED.

BPF's CEO Zahra Shah moved on from her position and I would like to thank her for all her hard work and dedication towards the platform. I would also like to extend my thanks to the BPF Team for stepping up and taking the foundation into its 10th year.

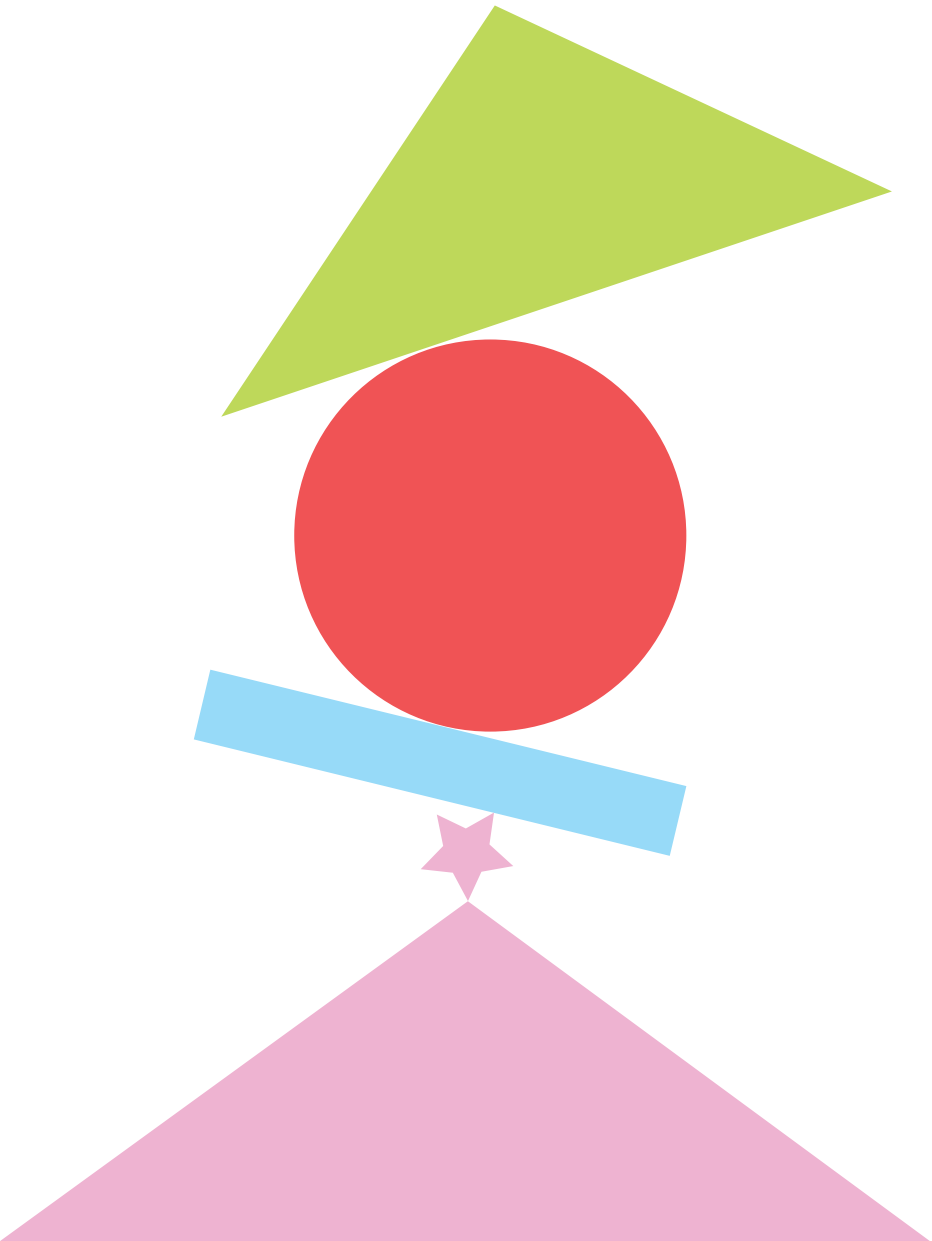
It has been an amazing year for the community with 15 British Pakistani MP's being elected to Parliament, Zameer Choudrey, Chief Executive of Bestway Group, being appointed to the House of Lords and entrepreneur Shahid Azeem being appointed as High Sheriff for Surrey.

As we approach our 10th anniversary in 2020, we are excited to be planning the launch of our Northern Chapter based in Manchester. BPF will also be hosting a celebration of its 10 year anniversary and I hope you can join us for this milestone in November.

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Who We Are



Why was BPF created?

The British Pakistan community is one of the most underprivileged communities in the UK. As per research data: *

- 1 in 12 British Pakistanis are unemployed,
- 1 in 9 British Pakistanis are underemployed
- 1 in 5 British Pakistanis have no qualification

The British Pakistan Foundation is a not-for-profit organisation, founded in 2010, to bring about a positive impact to the British Pakistani & BAME community in the UK, by building a powerful platform to ensure the skills and talent in the community can shine.



Our Mission

The British Pakistan Foundation engages, unites and empowers the UK's more than one million British-Pakistanis, by bringing them together, creating networks and making a real difference.



Our Vision

Our Vision is to become a single platform for our community, to serve and protect their best interests.

Our Board of Directors and team



Asif Rangoonwala
Chairman



Naseem Amin
Trustee



Saira Awan Malik
Trustee



Zahra Shah
Trustee



Hammad Akhtar
Trustee



Rabia Bhatti
Trustee



Saima Siddiqui
General Manager



Sahil Dodhia
Events and Communications
Coordinator



Salman Ahsan
Technology & Marketing
Coordinator (Part time)

What Do We Do



While we have something to offer to every member of the community, we are proud to offer three key programmes: One for the specific needs of professionals and entrepreneurs, one for women & one for the youth:

Business and Professionals' Programme

Professionals and entrepreneurs are the heart and soul of the British economy and the skills and talent in the British Pakistani community are no exception. Our Business and Professionals' Programme is the ideal space for professionals, entrepreneurs and business leaders to exchange ideas, provide support and find like-minded collaborators.

Young Professionals' Programme

The Young Professionals' Programme helps hundreds of young people access vital mentorships and work opportunities, attend skill-building workshops and get early stage career advice from some of the leading professionals in their field.

Women's Programme

Right now, our Women's Programme is helping talented British Pakistani women forge strong networks where they can share career advice as well as receive valuable peer-to-peer support, mentoring, opportunities to network and collaborate.

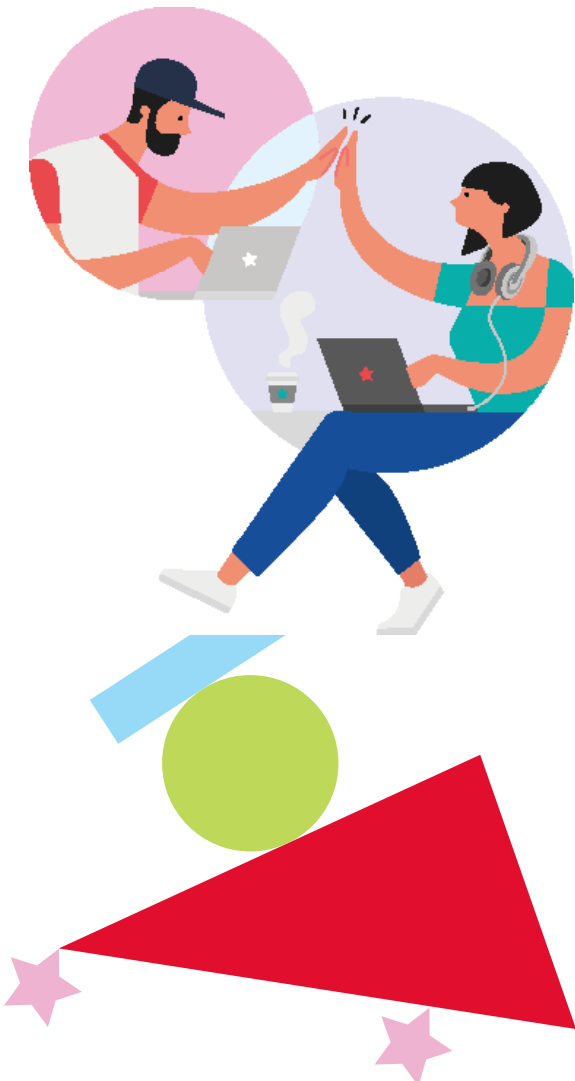
Supporting each programme are forums tailored to the needs of specific professions:

- Academic
- Arts and Culture
- Digital Services and Technology
- Entrepreneurs and Start Ups
- Finance
- Government and Politics
- Law
- Medicine
- Professional Services
- Property (New in 2019)

Through these professional forums we deliver:

- Conferences
- Internships /work placements
- Jobs and other opportunities
- Mentorships
- Panel discussions
- Professional development workshops
- Professional networking
- Seminars
- Social and cultural events
- Speaker series
- Thought-leadership

No matter what your field of expertise or area of interest, our programmes will help you connect with like-minded community members whose skills and experience can help you take the next step.



Our Impact

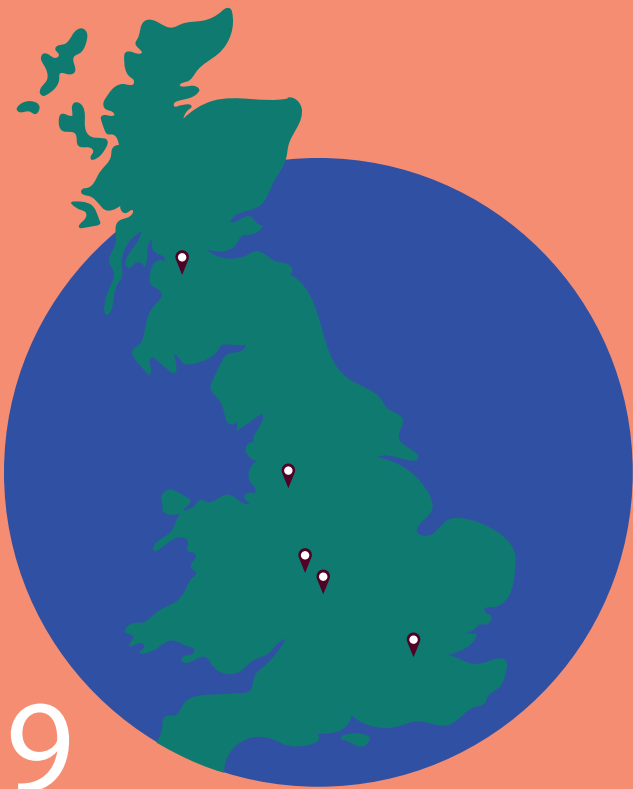
Programmes	Business and Professionals' Programme	Women's Programme	Young Professionals' Programme
Professional Forums	<ul style="list-style-type: none"> Academic and Arts and Culture Digital Services and Technology Entrepreneurs and Start Ups Finance 	<ul style="list-style-type: none"> Government and Politics Legal Medicine and Life Sciences Professional Services Property 	
Initiatives	Professional Development Programme initiatives <ul style="list-style-type: none"> Arts and Culture Conferences Panel Discussions Professional Networking Seminars Speaker Series Talks / Lectures Workshops 	Mentorships	Internships / Work Placements, Jobs and Other Opportunities
Members	Over 25,000 members		
Key Impact (Jan 2020 to Dec 2020)	Delivered 9 programme initiatives	Delivered 155 mentorships	Provided 68 work opportunities
Attendees / Participants (Jan 2020 to Dec 2020)	484 Attendees / Participants at Programme Initiatives <ul style="list-style-type: none"> 122 Women 43 Students / Graduates 319 Professionals and Entrepreneurs 		
Regions (Jan 2020 to Dec 2020)	London and Birmingham	London and Birmingham	London

Key Performance Indicators

Please find below a summary of the Key Deliverables / Targets and Results / Impact achieved during the period January to December 2020:

Ref	Key Deliverables / Targets	Results / Impact
1	Programme Delivery Initiatives	Delivered 9 programme initiatives with a total of 484 attendees / participants across London and Birmingham.
2	Mentorships	Delivered 85 mentorships.
3	Internships / Work Placements / Jobs / Other Opportunities	Delivered 68 opportunities (including 35 jobs and 33 other opportunities)
4	Membership	Enlisted 25,533 Regular members Enlisted 1071 Premier Club members Engaged 34 Premier Club benefit providers Welcomed 5 new BPF patrons Welcomed 2 new BPF corporate members
5	Member to member introductions	Over 25 members to member introductions via email to facilitate business and other opportunities.
6	Fundraising	Raised £55,816.75 with support from our patrons, donors, sponsors and members: <ul style="list-style-type: none"> • ZVM Rangoonwala Foundation • BPF trustees • BPF patrons • Sponsors (Valson Ltd, Bloom Consultancy) • Revenue from tickets sales • BPF Corporate Membership • BPF Premier Club Membership
7	Value in Kind Support	Received Value In Kind support of &19500 from <ul style="list-style-type: none"> • Morgan, Lewis & Bockius UK LLP • ZVM Rangoonwala Foundation <p>Corporate and other supporters hosted various initiatives / events for us:</p> <ul style="list-style-type: none"> • Pakistan High Commission • Pinsent Masons London

Update on BPF Programme Delivery Initiatives



9
programme initiatives
across 2 regions

London and Birmingham



484

attendees/
participants

43

students/
graduates



122

women



1

Key programme delivery initiatives

BPF Social! Professional Networking and Mentoring Initiatives

2

initiatives / events

155

attendees

58

professionals

32

students / graduates

65

women

Initiative / Event Details, Speakers and Mentors

The aim of BPF Social events is to bring together a diverse group of professionals across different industry sectors to network, share ideas, provide peer to peer support, receive mentoring and career guidance and form valuable business connections.

BPF delivered 2 BPF Social! Professional Networking and mentoring events at Mahiki in Mayfair, London & Crowne Plaza Birmingham City. These were held on 30th January and 5th March.

Due to the Coronavirus Pandemic, many of our BPF Social events had to be postponed until restrictions allow us to continue.

The following speakers were invited to talk about their recipes for success:

Shahid Khan (Naughty Boy) - DJ, record producer, songwriter and musician

Mike Nithavrianakis - Britain's Deputy High Commissioner in Karachi & Trade Director for Pakistan

Shaista Gohir OBE - Co-Chair of Muslim Women's Network & Women's Rights Activist

Ahmed Farooq BSc - Chief Financial Officer, Wesleyan



2

Key programme delivery initiatives

BPF Business and Professionals'
Programme (BPP)

Legal Forum Initiatives

1

initiative

3

workshops

18

attendees

1

professionals

11

law students / graduates

6

women

Initiative / Event Details, Speakers and Mentors

BPF delivered the following BPP initiatives under this forum:

18th, 19th, 25th February 2020: SECURING A TRAINING CONTRACT OR VACATION SCHEME IN THE CITY hosted by PINSENT MASONS, London.

The British Pakistan Foundation in association with **Hammad Akhtar**, Partner at Pinsent Masons offered a unique opportunity for students studying Law to come to a series of 3 workshops helping equip them with the skills to get onto a training contract or vacation scheme at a top law firm.

Over the course of 3 evenings, they learnt about:

- Applying for a training contract or vacation placement with a City law firm – what you need to know
- Completing Application Forms – Top Tips and examples
- Interviews and Assessment Days – how to be successful



3

Key programme delivery initiatives

BPF Business and Professionals' Programme (BPP)

Digital Services and Technology Forum

1

initiative

18

attendees

12

professionals

6

women



Initiative / Event Details, Speakers and Mentors

BPF delivered the following BPP initiative under this forum:

23rd January 2020: 'Focus on Managing Stress in the Workplace' event where we will be joined by a leading panel of experts who will talk us through strategies and tips on keeping stress free in the modern workplace!

Throughout this short interactive workshop, attendees went through key topics like:

Why social media is important: why you should care about social media

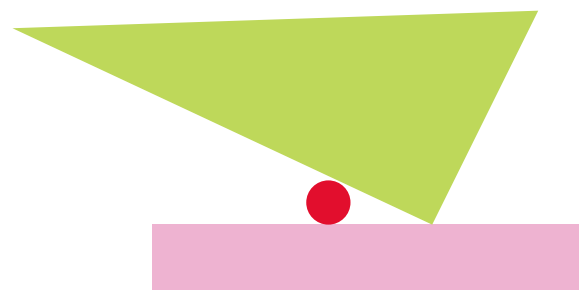
Your LinkedIn profile: assessing your profile image / interactive session

How you build and curate your network: how you can raise your profile and build your brand

How to be visible: why you should share and post content – and how

Workshop Facilitators:

- [Ruqaiyah Jaffery](#) - Global Head of Campaign Management and Digital Marketing for Financial Services, Accenture
- [Andrew Soane](#) - Associate Director & Global Social Strategy Lead, Accenture
-



4

Key programme delivery initiatives

BPF Business and Professionals'
Programme (BPP)

Medical Forum

2

initiatives / events

45

attendees

25

professionals

20

women



Initiative / Event Details, Speakers and Mentors

BPF delivered the following BPP initiative under this forum:

4th February 2020: 'Focus on Managing Stress in the Workplace' event where we were joined by a leading panel of experts who spoke about strategies and tips on keeping stress free in the modern workplace!

- Adil Javed (Founder and Artistic Director, Alchemy Arts)
- Dr Shahid Latif (Consultant Psychiatrist/Clinical Director)
- Dr Zafar Iqbal (Head of Sports Medicine, Crystal Palace FC)
- Zahra Shah (Trustee , BPF)

Webinar:

Covid-19 and it's Impact on Physical and Mental health

BPF hosted its first webinar on 20th April 2020: This webinar talked about the Coronavirus and looked at ways of managing physical and mental health whilst we are all spending our time in our homes and managing different elements of stress that can often lead to anxiety

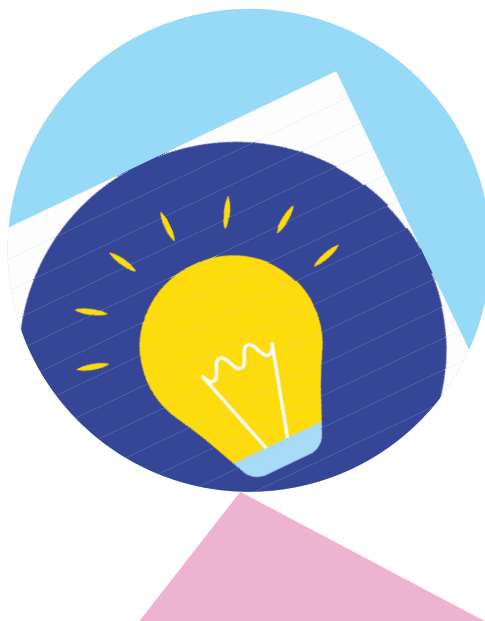
and depression. We talked through practical steps that everyone can take for their mental well-being and how to look after those around us, particularly the elderly and vulnerable

Our Panellists:

- Dr Samia Latif (Consultant in Communicable Disease Control at Public Health England).
- Dr Tia Iqbal (General Physician- GP)
- Dr Shahid Latif (Consultant Psychiatrist & Clinical Director)

Moderator:

- Asif Rangoonwala (BPF Chairman)



6

Key programme delivery initiatives

BPF Business and Professionals'
Programme (BPP)

Academic Forum Initiatives

4

initiative / event

168

attendees

95

professionals

28

students

45

women



Initiative / Event Details, Speakers and Mentors

BPF partnered with Professor Jawwad Darr of UPSIGN under its Academic Forum to deliver the following initiative online:

Day 1: Grow, Nourish and Sustain Together- Food Security on 30th November 2020

Panellists :

- Prof Asif Ali, VC, MNSU, Multan,
- Dr Muhammad Azeem Khan, chairman, Pakistan Agri Research Council(PARC),
- Prof Bob Rees, Scottish Rural University College(SRCU)
- Dr Simon Holland(AI-Qaswa Innovation)
- Ayesha Ahmed (PakAgriMarket)
- Aysha Gulzar (JE Austin)
- Prof Muhammad Imran(University of Glasgow).

Day 2 : Developing Future Healthcare Workforce in Pakistan 1st December 2020

- Dr Parveen Ali (UPSIGN Healthcare co-lead)
- Dr Shabnum Sarfraz
- Professor Raisa Gul
- Professor Abdul Bari Khan
- Mr Mike Nithavrianakis

Day 3:Knowledge, Transfer & Exploitation from Pakistani/ UK Universities 2nd December 2020

- Dr Farooq Shah (Chair)
- Prof Atta ur Rehman
- Prof. Shoaib Khan
- Prof Jawwad Darr (Chair- UCL)
- Dr Aqif Chaudhry (Comsats)
- Dr Shahrukh Abbas (NUST)
- Dr Sara Saeed Khurram (Sehat Kahani)

Day 4: Pakistan's Global- Ready Graduates: Readiness for International Study 3rd December 2020

- Professor Jawwad A. Darr (UPSIGN Chairman)
- Dr Atta (Keynote Speaker)
- Dr Maryam Rab
- Dr Adeela Shafi
- Prof Abu Bakr

9

Key programme delivery initiatives

BPF Patrons' Programme Initiative

1

initiatives / events

18

attendees

14

professionals / entrepreneurs

4

women

Initiative / Event Details, Speakers and Mentors

Our patrons are those who have donated a significant sum to BPF over the course of the year – registered patrons receive several benefits as humble thanks for their support, such as promotion on our literature and website, exclusive invitations to BPF as well as patron-only events.

Additionally, patrons receive extensive coverage in our monthly newsletter, where we introduce them and their business / interest. Further to this, patrons receive a BPF Premier Club Card, which entitles them to a variety of discounts kindly provided by our benefit providers.

We delivered the following patron-only Lunch Meeting & Talk:

Patron's Lunch Meeting and Talk

Our Patron Lunches are a great way for our patrons to network with each other. At each luncheon, a keynote speaker is welcomed, where they discuss a topic of interest to our patrons.



6th February 2020: Patron's Lunch Meeting and Talk by Shahid Azeem, DL High Sherrif of Surrey 2020-21

Guest Speaker:

Shahid Azeem has been named in Top 100 Most Influential Muslims in the UK, Shahid's story is remarkable, one of humble beginnings to becoming a leading British Muslim. With no formal qualifications but a burning desire to succeed, Shahid has set up and run a string of successful multi-million pound businesses within the IT Industry, whilst at the same time investing greatly into youth empowerment and strengthening community relations particularly across faith groups with the Muslim community.

Shahid is more than your usual businessman hence, unsurprisingly; he was appointed Deputy Lieutenant of Surrey and listed in The Independent's Top 100 Happy List of people who make life better for others in the UK, making the front page headlines here.

Shahid has won the Asian Entrepreneur of the Year, Surry Business Personality of the Year and

Pakistani Entrepreneur 2010. As Chairman of Woking Asian Business Forum, largely Pakistani, he encourages best practice sharing amongst Pakistani businesses. The Forum was established with a vision to integrate the Asian business community into the mainstream, focusing on female and youth entrepreneurship and provides a platform to empower Muslim voices. Each year since its inception, the Forum has donated the official Christmas tree to the borough of Woking exemplifying respect for all beliefs and cultures.

Shahid has by the Privy council nominated to be the High Sheriff for Surrey, and will be first Pakistani High Sheriff in the UK Home counties a role that was created back over 1000 years ago

There is a High Sheriff in every county in England and Wales, and their history and tradition goes back before the Norman Conquest. The Office is the oldest Royal appointment.

Update on Mentorships



Mentorships

We delivered the following 85 mentorships to our members during the period January to December 2020:

Ref	No of people mentored	Programme Delivery Initiative
1	25 Professionals	BPFsocial! Professional Networking and Mentoring initiatives in London and Birmingham.
2	5 students/graduates	Focus on Managing Stress in the Workplace Event.
3	15 students / graduates	Securing a Training Contract or Vacation Scheme in the city hosted by Pinsent Masons, London.
4	30 mentees	1-to-1 mentorship via the BPF website using the mentor and mentee online application forms.
5	10 entrepreneurs and Professionals	How to build your brand on social media workshop at British Pakistan Foundation, London.

Note: mentorships are normally provided via programme delivery initiatives, but we do have many additional candidates who connect with the mentors at each of the programme delivery initiatives for long-term mentoring. We have now formalized the procedure for long-term mentoring by enabling people to apply using both the online mentee and mentor application forms on the BPF website, so they can be matched accordingly.

Update on Membership

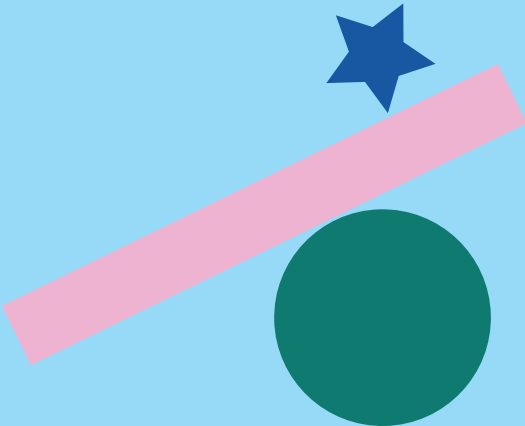
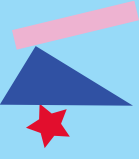


25,533
Regular Members

5
Patrons

2
BPF Corporate Club
Members

346
BPF Premier Club
Members



19,719

Mailing List



6330

Facebook Followers



5463

Instagram Followers



2486

LinkedIn BPF Page



2,616

Twitter Followers

We launched the BPF Corporate Premier Club Membership Scheme in January 2019. The purpose of the scheme is to provide support to businesses by promoting their offerings utilising BPF's outreach platforms.

Corporate Premier Club Members also receive a number of benefits and discounts for an annual contribution of £250. This contribution goes towards supporting BPF's 3 key initiatives.

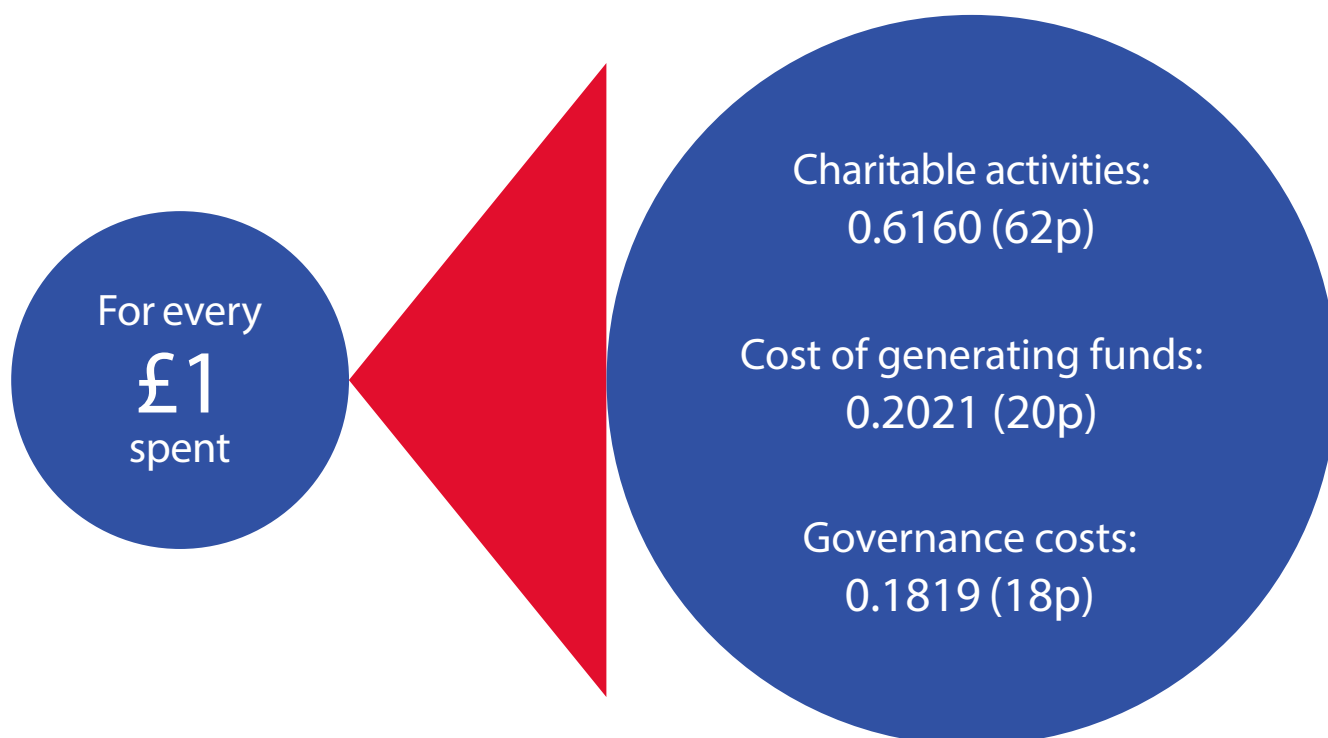
We are always on the lookout for new benefit providers for our Premier Club Members, ensuring that they have access to a range of services, from legal to medical & fashion to food.

Please find overleaf our 35 partners who have offered various discounts and benefits under the BPF Premier Club Membership scheme:

Ref	Premier Club Providers
1	TKC Group (tkcgroup.com)
2	Original Lahore (original-lahore.co.uk)
3	Raishma (Raishma.co.uk)
4	Amishi (amishi.london/)
5	Kyles Collection (kylescollection.com)
6	Studio by TCS (studiobytcs.com)
7	Prettly (prettly.com)
8	Aesthetics Lab (aestheticslab.co.uk)
9	Autowerke Garage (autowerkegroup.com)
10	Windsor Leadership Programme (windsorleadership.org.uk)
11	Mr Asif Chaudry(ConsultantSurgeon)-Harley Street Clinic (thegarleystreetclinic.com)
12	Print Britannia (printbritannia.com)
13	Mr Salman Rajput – Cadogan Asset Management (cadoganam.com)
14	R3 Mortgages (r3mortgages.com)
15	Farani Taylor Solicitors (faranitaylor.com)
16	Addison & Khan Solicitors (addisonkhansolicitors.co.uk)
17	HGA Accountants (hgaca.co.uk)
18	Azad Ayub Ltd, Property Management and Development (azadayub.co.uk)
19	Voixenergy (voixenergy.com)
20	Clickable Co (clickableco.com)
21	Spice Village (spicevillage.co.uk)
22	Scene Dining (scenedining.com)
23	BBButterfly (etsy.com/shop/bbutterflylondon)
24	BBS & Co (bbsandco.com)
25	Dr Taher Mahmud – London Osteoporosis Clinic (osteoporosisclinic.net)
26	Red Dot Jewels (reddotjewels.com)
27	Naail & Co (naailandco.com)
28	Prime Dispute (primedispute.com)
29	Wajeaha Amin (masterclassbywajeahaamin.com)
30	Desi Catering Limited Desi Catering Limited (desicatering.co.uk)
31	Saleem Lone – Midshire (midshire.co.uk)
32	Ace Accountancy (ace-accountancy.com)
33	Ogilvy & Haart (ogilvy-haart.co.uk)
34	Guidance Consultancy (guidanceconsultancy.co.uk)
35	Seers (seersco.com)

Our Finances

#	Year Ending	Jan 2018 to Dec 2018	Jan 2019 to Dec 2019	Jan 2020 to Dec 2020
1	Cost of generating funds	£32,226.28	£28,069.79	
2	Cost of charitable activities	£172,428.11	£85,574.17	
3	Governance costs (i.e. overhead costs, staff costs, audit fees, rent, office & other expenses)	£30,257.44	£25,274.29	
4	Total expenditure	£234,911.83*	£138,918.25	



Supporting Our Work

Become a patron	Contact us on info@bpfuk.org if you are interested in becoming a patron.
Donate	By sending a cheque to our office on Wimpole Street, contacting us on info@bpfuk.org to set up a direct debit or make a bank transfer, or online at membership-bpf.cs88.force.com/donations
Become a BPF Premier Club member	For £10 / £250 annum you can become a BPF Premier /Corporate Club member and receive various discounts/benefits with our partners via: britishpakistanfoundation.com/join/
Become a mentor	You can provide mentoring under any of our programmes and professional forums by completing an application form via: britishpakistanfoundation.com/mentors-application-form/
Become a partner	Contact us on info@bpfuk.org if your organisation would like to partner with us to provide internships, work placements, jobs or other opportunities.
Pro-bono support	Contact us on info@bpfuk.org if your organisation is able to provide any pro-bono support. BPF has received generous pro-bono support from law firms for our legal needs, technology support as well as for office space.
Sponsor an event	Contact us on info@bpfuk.org if you are interested in sponsoring any of our initiatives/events.
Become a volunteer	Contact us on info@bpfuk.org if you can volunteer at any of our initiatives/events.
CSR/Company Giving and/or Trusts and Foundations	Contact us on info@bpfuk.org to go through the details.
GoRaise	Click on Join to add a few details and start supporting us. Search on GoRaise for the retailer or product that you want, and click out. Shop as normal and the retailer donates a portion of your spend to us. You don't pay a penny extra. https://www.goraise.co.uk/british-pakistan-foundation/
Amazon Smile	AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to the charitable organization of your choice. Use the below link to support BPF: https://smile.amazon.co.uk/ch/1137700-0

Acknowledgements

We are very grateful to all our volunteers, mentors, partners, speakers, members and the following for their support without whom we could not continue our valuable work to empower the British Pakistani community:

Advisory Council

ZVM Rangoonwala Foundation

Naseem Amin

Saira Awan Malik

Hammad Akhtar

Omar Shah

Akhtar Zaidi

Patrons

Kamal Haider

Akhtar Zaidi

Hashim Bhatti

Salim Suterwalla

Faisal Mian

Mohammed Shoaib
Memon

QC Legal

Asif Ansari

Shamshad Ahmed

Jalal Nasir

Hasan Askari

Nasreen Akhter

Mohammad Ali Khawaja

Zeeshan Shah

Siraj Dadhabouy

Corporate Members

Wajeeha Amin

Ogilvy & Haart

R3 Mortgages Ltd

British Pearl

SeaFresh

Sentient Design Lab

Guidance Consultancy

Ace Consultancy

Professional
Education Foundation

Powerboat P1

South Street Asset Management

Valson International

Haloodies

Kompas London LTD

Bloom Consultancy

Igloo Crowd

Upskill Professional Development



Connect with Us



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info@bpfuk.org



britishpakistanfoundation.com



The British Pakistan Foundation



British Pakistan FDN (@BPF_UK)



British Pakistan Foundation



bpf.uk



87 Wimpole Street, London W1G 9RL

Charity Registration for England and Wales No. 1137700



British Pakistan Foundation
Engage • Unite • Empower

Charity Registration for England and Wales No. 1137700.